



# East Cowes Sailing Club

REGATTA  
1st June 2024

## SAILING INSTRUCTIONS

### 1. THE COURSE

- 1.1. Courses will be passed by radio, nominating individual race marks. Courses may also be posted on the ECSC WhatsApp group.
- 1.2. When racing yachts shall always pass north of the Cowes Breakwater. The Cowes Breakwater shall rank as an obstruction as defined in RRS.

### 2. START PROCEDURE

- 2.1. Warning Signal: 11:00  
Preparatory Signal: 11:01  
One Minute Signal: 11:04  
Start Signal: 11:05
- 2.2. The second race will start 15 minutes after the finish of the previous race.
- 2.3. An announcement will be made on VHF Radio not less than 10 minutes before the commencement of the starting sequence for the subsequent race.
- 2.4. There may be a time check broadcast on VHF Radio (M1 37A) at 10:45.
- 2.5. The sound signal is generated by an air-horn, the sound transmitted by VHF. A light is also illuminated when the signal is sounded.
  - 2.5.1. The Warning Signal for the start will be indicated by a sound signal transmitted by VHF (with light).
  - 2.5.2. The Preparatory Signal for the start will be indicated by a sound signal transmitted by VHF (with light).

- 2.5.3. The One Minute signal will be indicated by a sound signal transmitted by VHF (with light).
- 2.5.4. The Start Signal will be indicated by a sound signal transmitted by VHF (with light).
- 2.6. Should a competing yacht be on course side (OCS) at the start, a second sound signal will be made and the name(s) of the OCS yachts may be broadcast on VHF channel M1 (37A). The “round the ends rule 30.1” shall not apply.
- 2.7. Visiting yachts are requested to identify themselves to the Race Officers prior to the start.
- 2.8. Members of ECSC may fly the Club Burgee from the back stay or other prominent position.

### **3. START LINE**

- 3.1. The start line is situated at the ECSC Race Box on East Cowes Esplanade and consists of an orange dayglo inverted triangle on a white mast forming the rear transit and an orange dayglo vertical board with a small orange triangle forming the forward transit. The start line will be an extension of a transit bringing the rear triangle into line with the forward vertical post and triangle.
- 3.2. Both the forward and back transit marks may be lit by a high-intensity white light. As the line is approached, a white light is displayed which disappears as the line is crossed, then returns once through the line.
- 3.3. The outer distance mark for the start will be the yellow racing mark “Cowes Corinthian [34]” approximately 500 metres NW of the transit marks. Note: The outer limit may not necessarily be on the start line.

### **4. FINISH LINE**

- 4.1. The finish line is from the front post on the ECSC Race Box, to the outer distance mark, Cowes Corinthian [34].
- 4.2. Courses may be shortened as per ‘RRS 32’ by VHF announcement and an ‘S’ flag may be flown from the rear transit. Courses may also be shortened at a previous rounding mark.

### **5. TIME LIMITS**

- 5.1. The time limit for each race will be 30 minutes after the first boat crosses the finish line. No racing will take place after 16:00.

- 5.2. Boats failing to finish by the Time Limit shall be scored "Did Not Finish" without a hearing.

## **6. CANCELLATION**

- 6.1. Flag 'N' (blue and white check) will be flown from the Club flagstaff located at the Sailing Club premises and also on the race control box on East Cowes Esplanade as soon as possible prior to commencement of racing.
- 6.2. A broadcast will be made on VHF Radio Channel M1 (37A) and cancellation notification may also be sent to the ECSC WhatsApp group.

## **7. COMMERCIAL SHIPPING**

- 7.1. The International Regulations for Preventing Collision at Sea apply when any non-racing vessel is encountered. In particular sailing vessels and all vessels under 20 metres in length must not impede vessels that can navigate safely only in a narrow channel or fairway.
- 7.2. All yachts are required to comply with Southampton Notice to Mariners 03/2014 (Precautionary Area, Thorn Channel). Engines may be used for this purpose without penalty providing no racing advantage has been gained. Circumstances of engine use must be reported to the Race Officers without delay and in any event within 1 hour of finishing the race.

## **8. PENALTIES**

- 8.1. Rule 44 will apply (the 720 degree turn penalty).
- 8.2. Rule 31 will apply (touching a mark).

## **9. PROTESTS**

- 9.1. Intention to protest must be made to the Principal Race Officer either by communication through VHF channel 37A (M1) or by phoning 07740 290142 not later than 1 hour after the finish of the protesting yacht. The Principal Race Officer, at his discretion, has the power to extend this time limit.
- 9.2. Protests must then be made in writing and handed in to the Principal Race Officer with a £5 deposit, within 4 hours of the incident.
- 9.3. It is the duty of the protesting yacht to inform the yacht being protested that protest is being made against her.